



RESEARCHER RESILIENCE TRAINING (RRT)

2019 FELLOWS

APRIL 2019 - MARCH 2020

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Introduction to Researcher Resilience Training (RRT) Program

The Researcher Resilience Training (RRT) program is an NIMH-funded program designed to provide advanced doctoral students and early career investigators of African descent interested in child and adolescent behavioral health, with the necessary research skills to address the significant challenges that exist within resource-poor settings. RRT fellows will receive didactic instruction, mentoring, “hands-on” immersion in child-focused studies, individualized consultation, goal setting, monitoring and ongoing support resources across time.





Riana Anderson, PhD

**Assistant Professor, Health Behavior & Health Education,
University of Michigan**

Biography

Riana Anderson is interested in reducing racial stress and trauma and improving psychological well-being and family functioning among Black families. She uses mixed methods in clinical interventions to study racial discrimination and socialization in among Black families, focusing on how protective familial mechanisms such as parenting and racial socialization operate in the face of risks linked to poverty, discrimination, and residential environment. Dr. Anderson is particularly interested in how these factors predict familial functioning and subsequent child psychosocial outcomes, especially when enrolled in family-based interventions.

Grants

| | | |
|--|-------------------|-----------|
| University of Michigan Depression Center | Anderson, R. (PI) | 1/20-1/22 |
| Rachel Upjohn Clinical Scholars Award - <i>Funded</i> [\$50,000] | | |

This award supports investigators seeking to reduce depression through clinical methodologies.

| | | |
|--|----------------|-----------|
| JPB Foundation | Brown, R. (PI) | 7/19-7/20 |
| Discretionary Planning Grant - <i>Funded</i> [\$500,000] | | |

This grant funds the planning of a national roll-out of the Black Women's Wellness Project, in which I will consult for familial dynamics and child health-related concerns.

Role: *Co-Investigator*

| | | |
|---|-----------------|-----------|
| National Science Foundation | Anyiwo, N. (PI) | 7/19-7/21 |
| SBE Postdoctoral Fellowship - <i>Funded</i> [\$138,000] | | |

This postdoctoral fellowship supports the efforts of a junior colleague who sought to collaborate on racial socialization and media in Black youth's sociopolitical development.

Role: *Co-Principal Investigator*

| | | |
|--|-------------------|-----------|
| Society for Research in Child Development Black Caucus | Anderson, R. (PI) | 7/19-6/20 |
| (Inaugural) Early Career Grant - <i>Funded</i> [\$1,500] | | |

This grant assists early career faculty to further scholarly research focusing on Black child development.

Role: *Principal Investigator*

Publications

- Anderson, R. E.,** Jones, S. C. T., & Stevenson, H. (online). The initial development and validation of the racial socialization competency scale: Quality and quantity. *Journal of Cultural Diversity & Ethnic Minority Psychology*.
- Anderson, R.,** Lee, D., Hope, M., Nisbeth, K., Bess, K., & Zimmerman, M. (2020). Disrupting the behavioral health consequences of racial discrimination: A longitudinal investigation of racial identity profiles and alcohol-related problems. *Health Education & Behavior*.
- Jones, S., **Anderson, R.,** Gaskin-Wasson, A., Sawyer, B., Applewhite, K., & Metzger, I. (2020). From “crib to coffin”: The navigation of healing from racial trauma throughout the lifespan of Black Americans. *American Journal of Orthopsychiatry*.
- Saleem, F., **Anderson, R.,** & Williams, M. (2020). Addressing the “myth” of racial trauma: Developmental and ecological considerations for youth of color. *Clinical Child and Family Psychology Review*.
- Oh, H., Waldman, K., Koyanagi, A., **Anderson, R.,** & DeVlyder, J. (2020). Major discriminatory events and suicidality amongst Black Americans: Findings from the National Survey of American Life. *Journal of Affective Disorders*, 263, 47-53.
- Anderson, R. E.** (2019). The strength of Black families: A commentary on Leading with Racial Equity. *Journal of Family Social Work*, 22, 333-336.
- Anderson, R. E.,** Saleem, F. T., & Huguley, J. P. (2019). Choosing to see the racial stress that afflicts our Black students. *Phi Delta Kappan*, 101, 20-25.
- Brown, C. S., & **Anderson, R. E.** (2019). It’s Never Too Young to Talk about Race and Gender. *Human Development*, 63, 1-3.

Presentations

- Anderson, R. E.,** Jones, S. C. T., Henderson, D., Griffin, C., Metzger, I., & Applewhite, K. (August, 2019). “Levels to this”: Family, School, & Community Protecting Black Youth from Racial Stress & Trauma. Collaborative symposium (Divisions 9, 27, 45, and 53) presented at the American Psychological Association Conference, Chicago, IL.
- Anderson, R.,** Motley, R., Osuji, H., & Opobo, T. Washington University’s Researcher Resilience Training Program, July 29, 2019. *RECASTing Racial Stress and Trauma in the United States*, Conference on Child Behavioral Health in Sub Saharan Africa, Senior Fellows Panel

Awards

- University of Michigan, Depression Center - Rachel Upjohn Clinical Scholars Award, 2019
- Wayne State University - King, Chavez, Parks Visiting Scholar, 2019
- American Psychological Association PsycShorts Video Competition - Viewers’ Choice Award Winner, 2019

University of Southern California, Rossier School of Education - Center for Empowered Learning and Development with Technology (CELD-TECH) Development with Media and Technology Fellowship, 2019

Washington University in St. Louis, Brown School - Researcher Resiliency Training (RRT) Fellowship, 2019

Michigan Center for Urban African American Aging Research (MCUAAAR) Research Scientist Award, 2019





William Byansi, MSW

PhD Student, Brown School at Washington University in St. Louis

Biography

William Byansi's research interest is in child and adolescent behavioral health services and community development in Sub-Saharan Africa. He also works as a Senior Research Associate for the International Center for Child Health and Development (ICHAD), supporting NIH-funded Suubi4her and Suubi+Adherence studies.

Publications

Ssewamala, F. M., Dvalishvili, D., Mellins, C., Geng, H.E., Makumbi, F., Neilands, T. B., McKay, M., Damulira, C., Nabunya, P., Bahar, O. S., Nakigozi, G., Kigozi, G., **Byansi, W.**, Mukasa, M., & Namuwonge, F. (2020). Suubi+ The long-term effects of a family based economic empowerment intervention (Suubi+Adherence) on suppression of HIV viral loads among adolescents living with HIV in southern Uganda: Findings from 5-year cluster randomized trial. *PLoS ONE* 15(2): e0228370.

Sensoy, O.B., **Byansi, W.**, Ssewamala, F., Kivumbi, A., Namatovu, P., Kiyangi, J., Mary, M.M., & Nyoni, T. (2020). From 4Rs to 2Ss to Amaka Amasanyufu (Happy families): Adapting a US. -Based Intervention to the Uganda Context. *Family Process*.

Sun, S., Nabunya, P., **Byansi, W.**, Bahar, O. S., Damulira, C., Neilands, T. B., ... & Ssewamala, F. M. (2019). Access and Utilization of Financial Services among Poor HIV-Impacted Children and Families in Uganda. *Children and Youth Services Review*, 109, 104730.

Ssewamala, F. M., **Byansi, W.**, Bahar, O. S., Nabunya, P., Neilands, T. B., Mellins, C., ... & Nakigozi, G. (2019). Suubi+ Adherence Study Protocol: A family economic empowerment intervention addressing HIV treatment adherence for perinatally infected adolescents. *Contemporary Clinical Trials Communications*, 16, 100463.

Kivumbi, A., **Byansi, W.**, Sensoy, O.B., Ssewamala, F., Mugisha, J., et al (2019). Prevalence of Disruptive Behaviors and Attention deficit/hyperactive disorder among school going Children in Southwestern Uganda. *BMC Psychiatry* 19(1), 105.

Damulira, C., Mukasa, M., **Byansi, W.**, Nabunya, P., Namatovu, P., Kivumbi, A., Namuwonge, F., Dvalishvili, D., Bahar, O.S., & Ssewamala, F. (2019). Examining the relationship of Social

Support and Family Cohesion on ART Adherence among HIV Positive Adolescents in Southern Uganda: Baseline Findings. *Vulnerable children and Youth studies*: 1-10

Kivumbi, A., **Byansi, W.**, Ssewamala, F., Nabunya, P., Damulira, C., & Namatovu, P. (2019). Utilizing a family-based economic strengthening intervention to improve mental health wellbeing among female adolescent orphans in Uganda. *Child and adolescent psychiatry and mental health*, 13(1), 14

Mugisha, J., Marc, D.H., Knizek, B., Kwiringira, J., Kinyanda, E., **Byansi, W.**, Winkel, R.V., Myin-Germeys, I., Stubbs, B., & Vancampfort, D. (2019). Health care professionals' perspectives on physical activity within the Ugandan mental health care system. *Mental Health and Physical Activity*, 16, 1-7

Nabunya, P., Namatovu, P., Damulira, C., Kivumbi, A., **Byansi, W.**, & Mukasa, M., Nattabi, L., Ssewamala, F. (2019) Assessing the Impact of an Asset-based Intervention on Educational Outcomes of Orphaned Children and Adolescents: Findings from a Randomized Experiment in Uganda. *Asian Pacific Journal of Social Work and Development*: 1-11.

Presentations

Byansi, W., Yuanyuan, Y., Nabunya, P., & Ssewamala, F., Damulira, C., Kiyangi, J., & Namuwonge, F. (2020, January). Examining the long-term effects of a family-based economic strengthening intervention on depression among HIV positive adolescents in southern Uganda. Paper presented at the 24th Annual Conference of the Society for Social Work and Research (SSWR), Washington, DC.

Byansi, W., Nabunya, P., Muwanga, J., Sensoy, O.B., Ssewamala, F., Damulira, C., & Namuwonge, F. (2020, January). HIV and AIDS Health Knowledge, and attitudes among adolescents living with HIV in southwestern Uganda: Does Gender matter? Poster presented at the 24th Annual Conference of the Society for Social Work and Research (SSWR), Washington, DC.

Nabunya, P., **Byansi, W.**, Sensoy, O.B., Mary M.M., Ssewamala, F., Damulira, C., Kiyangi, J., & Namuwonge, F. (2020, January). Gender, Family Communication and Social Support Factors Associated with HIV Disclosure and HIV-Related Stigma Among Adolescents Living with HIV in Uganda. Paper presented at the 24th Annual Conference of the Society for Social Work and Research (SSWR), Washington, DC.

Muwanga, J., **Byansi, W.**, Nabunya, P., Sensoy, O.B., Ssewamala, F., & Damulira, C. (2019, November). Self-reported medication adherence, physical health, and pediatric quality of life among adolescents living with HIV: Baseline findings from southwestern Uganda. Poster presented at the 2019 Annual Meeting and Expo of the American Public Health Association (APHA), Philadelphia, PA.

Byansi, W., Sensoy, O.B., Ssewamala, F., & Mary M.M (2019, November). SMART Africa accomplishments and Implementation barriers. Paper presented at the 3rd Annual HUBs meeting organized by National Institute of Mental Health (NIMH), Bogota, Colombia.



Ashley Jackson, MSW

PhD Student, Brown School at Washington University in St. Louis

Biography

Ashley Jackson's research interests are in the legal and racial socialization of Black youth with a specific focus on how they learn to interact with the law enforcement and the associated mental health outcomes. She has conducted mixed-methods criminal justice research focusing on youth experiences during and post-incarceration and youth experiences interacting with the police in New York.

Presentations

Jackson, A. N., Fedina, L., DeVlyder, J., & Barth, R. (2020, January). Associations between Public Perceptions of Law Enforcement and Experiences of Police Violence. Paper presented at the Society for Social Work and Research Annual Conference, Washington, D.C.

Allen, P., Butler-Barnes, S., Williams, M., **Jackson, A. N.**, Robinson, H., & Roberts, M. (2020, January). Efficacy to Combat Racism Among African American Adolescent Boys and Girls. Paper presented at the Society for Social Work and Research Annual Conference, Washington, D.C.

Fedina, L., **Jackson, A. N.**, Backes, B., Jun, H., DeVlyder, J., & Barth, R. (2020, January). Prevalence and Sociodemographic Differences of Poly-Victimization Exposure in a General Population Sample. Poster presented at the Society for Social Work and Research Annual Conference, Washington, D.C.

Cunningham, D., Gaby, S., Lee, H., Ward, G., & **Jackson, A. N.** (2019, November). Expanding Historical Conceptualizations of Racial Violence: Coroner's Inquests in the Nineteenth Century. Paper presented at the Social Science History Association (SSHA) Annual Meeting, Chicago, IL

Gaby, S., Cunningham, D., Lee, H., Ward, G., & **Jackson, A. N.** (2019, October). Legacies of Enslavement and Prospects for Redress. Paper presented at the Peace Studies Section-Peace History Society Joint Conference 2019, Kent, OH

Jackson, A. N. (2019, July). 4th Annual Conference on Child Behavioral Health in Sub Saharan Africa.



Robert Motley, MSW

PhD Student, Brown School of Social Work at Washington University in St. Louis

Biography

Robert Motley is interested in community violence and related mental and behavioral outcomes for emerging adults 18 to 29 years of age. For his doctoral dissertation, Robert uses mixed methods to methods to examine the relationship between exposure to perceived racism-based police use of force, racism-based trauma symptoms, and substance use in a sample of Black emerging adults residing in St. Louis, Missouri.

Grants

| | | |
|---|------------------|-----------|
| F31MD013386 | Motley, Robert O | 5/19-4/21 |
| National Institute on Minority Health and Health Disparities - <i>Funded</i> [\$30,963] | | |
| Racism-based trauma, emerging adults, and substance abuse | | |
| Role: <i>Principal Investigator</i> | | |

Presentations

Motley, R., Chen, Y. C., Johnson, C., & Joe, S. Exposure to Community-Based Violence via Social Media Among Black Male Emerging Adults Involved with the Criminal Justice System. Poster presentation at the Society for the Analysis of African American Public Health Issues Annual Scientific Symposium & Poster Session. Philadelphia, PA.

Anderson, R., **Motley, R.**, Osuji, H., & Opobo, T. (2019, July). Washington University's Researcher Resilience Training Program. *RECASTing Racial Stress and Trauma in the United States*, 4th Annual Conference on Child Behavioral Health in Sub Saharan Africa, Senior Fellows Panel.

Motley, R. (2019, July). Community Violence, Racism, and Substance Abuse among Black Emerging Adults. 4th Annual Conference on Child Behavioral Health in Sub Saharan Africa.



Proscovia Nabunya, PhD

Assistant Research Professor, Brown School at Washington University in St. Louis

Biography

Proscovia Nabunya's research interest are in family and community-based support systems as protective factors for the development and well-being of children and families impacted by HIV/AIDS. She studies poverty-reduction strategies that utilize asset-based interventions and their impact on the social, economic and health well-being of children and families in HIV-impacted communities in sub-Saharan Africa. Dr. Nabunya's current research specifically focuses on understanding how HIV-related stigma at the different socioecological levels (individual, family, community, institutional and structural-levels), facilitate, or impede optimal access to and use of effective HIV prevention strategies (continuum of care).

Grants

Publications

Ssewamala, F. M., Dvalishvili, D., Mellins, C., Geng, H.E., Makumbi, F., Neilands, T. B., McKay, M., Damulira, C., **Nabunya, P.**, Bahar, O. S., Nakigozi, G., Kigozi, G., Byansi, W., Mukasa, M., & Namuwonge, F. (2020). Suubi+ The long-term effects of a family based economic empowerment intervention (Suubi+Adherence) on suppression of HIV viral loads among adolescents living with HIV in southern Uganda: Findings from 5-year cluster randomized trial. *PLoS ONE* 15(2): e0228370.

Damulira, C., Mukasa, M.N., Byansi, W., **Nabunya, P.**, Kivumbi, A., Namatovu, P., Namuwonge, F., Dvalishvili, D., Bahar, O.S., & Ssewamala, F.M. (2019). Examining the relationship of social support and family cohesion on ART adherence among HIV-positive adolescents in southern Uganda: Baseline findings. *Vulnerable Children and Youth Studies*, 14(2), 181-190.

Kivumbi, A., William Byansi, Ssewamala, F.M., **Nabunya, P.**, Damulira, C., & Namatovu, P. (2019). Utilizing a family-based economic strengthening intervention to improve mental health wellbeing among female adolescent orphans in Uganda. *Child and Adolescent Psychiatry and Mental Health*, 13, 14.

Ssewamala, F.M., William Byansi, Bahar, O.S., **Nabunya, P.**, Neilands, T.B., Mellins, C, McKay, M., Namuwonge, F., Mukasa, M., Makumbi, F.E., & Nakigozi, G. (2019). Suubi+Adherence study protocol: A family economic empowerment intervention addressing HIV treatment adherence

for perinatally infected adolescents. *Contemporary Clinical Trials Communications*, 16(87), 1-10.

Sun, S., **Nabunya, P.**, Byansi, W., Sensoy Bahar, O., Damulira, C., Neilands, T., Guo, S., Namuwonge, F., & Ssewamala, F.M. (In Press). Access and Utilization of Financial Services among Poor HIV-Impacted Children and Families in Uganda. *Children and Youth Services Review*.

Nyoni, T., **Nabunya, P.**, & Ssewamala, F. M. (2019). Perceived social support and psychological wellbeing of children orphaned by HIV/AIDS in Southwestern Uganda. *Vulnerable Children and Youth Studies* 14(4), 351-363.

Ssewamala, F.M., Sensoy Bahar, O., Tozan, Y., **Nabunya, P.**, Mayo-Wilson, L.J., Kiyangi, J., Kagaayi, J., Bellamy, S., McKay, M.M., & Witte, S.S. (2019). A combination intervention addressing sexual risk-taking behaviors among vulnerable women in Uganda: Study protocol for a cluster randomized clinical trial. *BMC Women's Health*, 19(1), 1-21.

Nabunya, P., Namatovu, P., Damulira, C., Kivumbi A., Byansi, W., Mukasa, M., Nattabi, J., & Ssewamala, F.M. (2019). Assessing the impact of an asset-based intervention on educational outcomes of orphaned children and adolescents: Findings from a randomized experiment in Uganda. *Asia Pacific Journal of Social Work Development*, 29(1), 59-69.

Nabunya, P., Padgett, D., Ssewamala, F.M., Courtney, M.E., & Neilands, T. (2019). Examining the nonkin support networks of orphaned adolescents participating in a family-based economic-strengthening intervention in Uganda. *Journal of Community Psychology*, 47(3), 579-593.





Kemba Noel-London, MAT

**PhD Student, Department of Health Management and Policy,
Saint Louis University**

Biography

Kemba Noel-London is interested in school health policy, minority and immigrant adolescent health, sport and physical activity and concussion assessments. She is particularly interested in the use of trauma informed approach to creating a sport centered intervention for black boys.

Presentations

Noel-London, K. (2019, November). American Public Health Association, Philadelphia, PA. The Impact of Adverse Childhood Experiences on Adolescent Youth Sport Participation. (Oral). Athletic Training in A School Based Health Center: Next Steps in Interprofessional Practice and Community Health. (Poster).

Noel-London, K. (2019, June). National Athletic Trainers' Association, 706h Clinical Symposia & AT Expo, Las Vegas, NV. Athletic Training in A School Based Health Center: Next Steps in Interprofessional Practice and Community Health (Poster). Development of a Program in Athletic Training at Ethnically Diverse High Schools (Poster).

Noel-London, K. (2019, June). Heartland Centers for Public Health and Community Capacity Podcast. Adverse Childhood Experiences (ACEs) in School and Public Health.

Noel-London, K. (2019). Saint Louis University – Department of Athletic Training and Physical Therapy Guest Lecture – MAT 6800 Seminar Athletic Training. Sports Medicine and Public Health.



Kasim Ortiz, MSW

PhD Student, Department of Sociology, University of New Mexico

Biography

Kasim Ortiz's research interests include utilizing a social determinant of health to understand how ethno-racial and socio-economic stratification contributes to health inequities. In assessing contextual determinants of health, Mr. Kasim draws upon sociological concepts of neighborhood dynamics and mass incarceration as a lens for understanding ethno-racial and socioeconomic stratification.

Publications

Ortiz, K. & Wallerstein, N. (2020). Characteristics and practices within research partnerships for health and social equity. *Nursing Research*, 69(1), 51-61.

Ortiz, K., Nash, J., Shea, L., Oetzel, J., Garoutte, J., Sanchez-Youngman, S., & Wallerstein, N. (2020). Partnerships, processes, and outcomes: A health equity-focused scoping meta-review of community-engaged scholarship. *Annual Review of Public Health*, 41. DOI: 10.1146/annurev-publhealth-040119-094220 [Epub ahead of print].

Ortiz, K., Cuevas, A.G., Salloum, R., Lopez, N., & LaVeist-Ramos, T. (2019). Intra-ethnic racial differences in waterpipe tobacco smoking among Latinos? *Substance Use & Misuse*, 54(1), 1-10.

Cuevas, A.G., **Ortiz, K.**, & Ransome, Y. (2019). The moderating role of race/ethnicity and nativity in the relationship between perceived discrimination and overweight and obesity: Results from the National Epidemiologic Survey on Alcohol and Related Conditions. *BMC Public Health*, 19(1), 1458.



Thembekile Shato, MPH

PhD Student, Public Health & Social Justice, Saint Louis University

Biography

Thembekile Shato's interests include sexual and reproductive health with a specific focus on health-seeking behavior, access to preventive healthcare as well as intervention development and implementation. She is also interested in understanding the influence of mobile health strategies and social networks in improving adolescent and women's health outcomes.

Publications

Milne, J., Brady, H., **Shato, T.**, Bohn, D., Mdladla, M., Ngcwayi, N., Atujuna, M., Humphries, H., Amico, K.R. (2020). Measuring HIV Risk Perception and Behavior: Results from Round 1 of the Cognitive Interviewing Project with young women and men who have sex with men in South Africa. *AIDS and Behavior*, 1-12.

Sebert Kuhlmann, A., **Shato, T.**, Fu, Q., & Sierra, M. (2019). Intimate partner violence, pregnancy intention and contraceptive use in Honduras. *Contraception*, 100(2), 137-141.

Presentations

Shato T., Sebert Kuhlmann A., Fu Q., Nwaozuru U., Garba A., Scroggins S. Healthcare Access and Sociodemographic Determinants of Cervical Cancer Screening in Zimbabwe: Analysis of Demographic Health Survey. (2019) Oral Session at Women in Statistics and Data Science. Bellevue, Washington.

Sun, C., **Shato, T.**, Steinbaugh, A., Pradeep, S., Marsh, K., Amico, R., Horvath, K. (2019) "I do not stand alone": An assessment of social support types in an online peer social support intervention to improve ART adherence. Poster session at the American Academy of Health Behaviour Annual Meeting. Greenville, South Carolina.

Awards

Sister Shirley Kolmer Memorial Grant, Women's Commission, Saint Louis University

Learn More at: [*https://sites.wustl.edu/rrtraining/*](https://sites.wustl.edu/rrtraining/)